

***Taking the “aaaggh!” out of research: Inspiring high quality research and improved clinical practice through accessible, authentic, supported learning***

Robust research in health, by health professionals, is not only crucial to improve individual health, but also impacts substantially on population health and longevity, which in turn impacts productivity, and ultimately the economy.<sup>1</sup> For health professionals to deliver high-quality health care, it is therefore critical they be informed by evidence. However, an underlying fear/hatred of the “s word” (statistics) is a barrier to deeply engaging with research. This in turn compromises the quality of research conducted and the capacity to critically engage with research to inform practice.

I am an Epidemiologist



creative, interactive tasks to allow internalisation of materials,<sup>5,9</sup> to reduce fear and anxiety which prevent learning,<sup>8</sup> and to increase self-efficacy and improve learning.<sup>10</sup>

